



March 2022

MONTH:

1	PC	2		3		4	SCB	5	DWD	6		7	
Taco Ring		Red Beans & Rice, Pork Roast & Mixed Veggies		Cashew Chicken w/ Soba Noodles & Stir Fry Veggies		Casserole of Rice and Meat, Salad Pg 63		Shepherd's Pie Pg 140		Chicken Tikka Masala, Rice & Nann		Leftovers	
8		9		10		11		12		13		14	*100*
Pizza		Fiesta Chicken Casserole		General Tso's Chicken w/ Veggie Fried Rice		Taco Dip		Pasta w/ Creamy Sausage Sauce & Salad		Meatballs, Potatoes, Gravy & Salad		Easy Chinese Chicken, Rice & Salad	
15	DWD	16		17	DWD	18		19		20		21	
Tuna and Shell Macaroni Casserole Pg 148		Taco Dip		Old-Fashioned Cabbage Dinner Pg 171		--Gone-----		--Camping--		-----		-----	
22		23	WALS	24		25		26		27	DWD	28	
Pizza		Green Curry Halibut and Rice Page 26		Fish Fillets, Tater Tots & Veggie Sticks		Lasagna		P's Fish Tacos w/ Coleslaw		Jambalaya Pg 356		Crispy Sesame Beef w/ Rice & Salad	
29		30		31									
Pizza		Leftovers		Jalapeño Popper Chicken, Rice & Salad									

DWD - Date with a Dish

PC - An old Pampered Chef Recipe

SCB - The Settlement Cook Book

100 - 100 Days of Real Food Cook Book(s) and Website

WALS - Washington Local and Seasonal Cookbook